## PHYSICAL EDUCATION AND GAMES UNIFORM

The PE and Games kit reflect the values and ethos of the Physical Education Department. A high standard of dress promotes the development of PE and sport within Regent House School and has a positive effect on teaching and learning, whilst promoting a positive sporting image to visitors at the School. Please see below the RHS PE and Games kit lists for the next term starting September 2017.

Kit	Male:	Female:
PE	White RHS Polo Shirt	White RHS polo shirt
	Plain white shorts	RHS black skort, or RHS plain black leggings
	Plain white socks	Plain white socks
	Training shoes	Training Shoes
Games	RHS / House rugby jersey	White RHS polo shirt
Years	Plain black rugby shorts	RHS black skort or RHS plain black leggings
8-11	(or white RHS polo Shirt)	RHS Games Socks (Red)
	RHS Games Socks (Black)	RHS Kukri tracksuit bottoms
	RHS Kukri tracksuit bottoms	Training shoes
	Training shoes	RHS Hoodie
	Rugby / Soccer boots	Retro – Top / Blast Fleece (Optional Yrs. 8-11)
	RHS Hoodie	
	Retro – Top / Blast Fleece	
	(Optional for Years 8-11)	
		Retro – Top (Compulsory)
	Retro – Top (Compulsory)	RHS White polo shirt or RHS black with red T-
Senior	RHS T-Shirt (Black with Red)	Shirt
Games	Plain Black Shorts	RHS black skort or RHS plain black leggings
(Years	Kukri tracksuit bottoms	Kukri tracksuit bottoms
12-14)	Blast Fleece / Hoodie (Optional)	Blast Fleece / Hoodie (Optional)

<sup>\*</sup>If pupils are selected to participate in a school team they will need to purchase the appropriate playing jersey.

New Year 8 boys will be informed of their House on the New Intake night. House rugby jersey colours:

Clandeboye - Yellow Strangford - Blue Castlereagh - Black Scrabo - Green There are a few changes that we would like to highlight:

1. Girls Leggings – they must be the same RHS leggings with the Regent logo on the leg.



Regent Branded Legging

2. Tracksuit Bottoms – must be the black Kukri branded bottom (no other tracksuit bottom will be accepted).



Tracksuit Bottoms

3. Retro – Top – that is optional for year 8-11 boys and girls fit & compulsory for years 12-14 boys and girls.



1/4 Zip Top

4. Blast Fleece – that is optional for all years 8-14 boys and girls.



The RHS tracksuit bottoms, RHS polo shirt, senior boys RHS t-shirt, blast fleece, ¼ zip top, girls RHS leggings, boys rugby jersey, boys hockey shirt and girl's hockey RHS team shirts can only be bought at In Sport in Newtownards and Roberts of Bangor. The other items of kit can be purchased at most Regent House uniform suppliers.

It is essential that all items of clothing and equipment are clearly labelled with pupil's name and form.

Please note that pupils are not permitted to participate in PE or Games with body piercings. All piercings must be removed as a matter of health and safety.

Aerosol deodorants are not permitted in the PE changing rooms owing to the adverse effects that these can have on pupils with asthma and other associated breathing conditions.